

Sense and Sensibility Regency Underthings Pattern

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Size	6 (XS)	8 (S)	10 (S)	12 (M)	14 (M)	16 (M)	18 (L)	20 (L)	22 (XL)	24 (XL)	26 (XL)	Ins./Cm.
Bust	30.5/78	31.5/80	32.5/83	34/87	36/92	38/97	40/102	42/107	44/112	46/117	48/120	"
Waist	23/58	24/61	25/64	26.5/67	28/71	30/76	32/81	34/87	37/94	39/99	41/102.5	"
Hip	32.5/83	33.5/85	34.5/88	36/92	38/97	40/102	42/107	44/112	46/117	48/122	50/125	"

Yardage Required for Chemise:

45"/115cm	2 3/4	2 3/4	2 3/4	2 3/4	2 3/4	2 3/4	2 7/8	2 7/8	2 7/8	2 7/8	2 7/8
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Yardage Required for Short Stays Lining and Interlining (each):

45"/115cm	3/8	3/8	3/8	1/2	1/2	1/2	1/2	5/8	5/8	5/8	5/8
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Yardage Required for Short Stays Outer Layer (including self-fabric binding):

45"/115cm	7/8	7/8	7/8	7/8	7/8	7/8	7/8	7/8	7/8	7/8	7/8
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Yardage Required for View 1 Chemisette with Self-Binding:

45"/115cm	1 1/8	1 1/8	1 1/8	1 1/8	1 1/8	1 1/8	1 1/4	1 1/4	1 1/4	1 1/4	1 1/4
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Yardage Required for View 2 Chemisette with Facing:

45"/115cm	1	1	1	1	1	1	1 1/8	1 1/8	1 1/8	1 1/8	1 1/8
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Fabric suggestions:

Chemise: Pima, lawn, or another lightweight 100% cotton.

Short Stays: For **outer layer**, silk, linen, or cotton. For **interlining**: coutil or cotton duck. For **lining**: pima cotton or coutil (see instructions)

Chemisettes: Voile, organdy, lawn, silk organza, pima cotton.

Notions:

Chemise: Thread, bias binding (you can make your own as per instructions), drawstring (1/8" cotton cord or ribbon).

Short Stays: Thread, bias binding (you can make your own), drawstring, 1/4" steel boning* or hemp cord or quilting thread (see instructions).

Chemisettes: Thread, bias binding (see instructions), drawstring, ribbon ties or three 3/8" buttons (see instructions).

Notes:

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I recommend synthetic whalebone, which is absolutely perfect for stays of this time period. Available from burnleyandtrowbridge.com.

On all views, you will need to measure the drawstring for your personal size, so see instructions prior to purchasing drawstring or ribbon.

5/8" allowance on all seams except where noted.

For online instructions with photos, go to www.sensibility.com/pattern/rugphelp.htm.

2017 Update: If you measure small through your ribcage around the underbust, you will need to cut your stays a size smaller and cut the gusset a size up. This will give you a much better fitting with the needed gap in the front of the corset to separate the "girls" into each side. As always, *make a fitting toile to try on before you cut out all the layers of your stays!*